



CREATE YOUR OWN BOWL \$6.99

1 BASE

LEAFY GREENS [Select 1]

Romain Lettuce
Fresh Baby Arugula
Baby Spinach

WHOLE GRAINS [Select 1]

Lemon Herbed Farro
Whole Wheat Yakisoba
Noodles
Black Beans & Brown Rice

2 PROTEIN [SELECT 1]

Popcorn Chicken
Ginger-Garlic Shrimp
Lemon Grilled Salmon
Crumbled Vegan Chorizo

3 TOPPINGS [SELECT 3]

Roasted Broccoli
Roasted Sweet Potatoes
Dried Cranberries
Chopped Hard-Cooked
Egg
Bacon Pieces

Roasted Mushrooms
Edamame
Diced Avocado
Grape Tomatoes

4 DRESSING [SELECT 1]

Creamy Caesar
Lemon Vinaigrette
Chipotle Caesar
Sesame
White Balsamic

5 GARNISH [SELECT 2]

Gochujang Glazed Nuts
Feta Cheese Crumbles
Blue Cheese Crumbles
Pickled Red Onion
Multigrain Croutons

SIGNATURE DISHES \$6.99

Salmon Farro Bowl 1180 Cal

Spinach and farro topped with lemon salmon, edamame, sweet potatoes, avocado, feta and white balsamic dressing

Chicken Cobb Bowl 790 Cal

Romaine lettuce and farro topped with popcorn chicken, tomatoes, avocado, egg, blue cheese, bacon and peppercorn ranch dressing

Chipotle Caesar Chorizo Bowl 900 Cal

Romaine, rice and black beans topped with vegan chorizo, tomatoes, avocados and chipotle Caesar dressing

Shrimp Yakisoba Bowl 810 Cal

Arugula and whole wheat noodles topped with ginger-garlic shrimp, roasted broccoli, mushrooms, edamame, gochujang glazed nut and sesame dressing